

## CHRIST CHURCH

## BREATH PRAYER

reflect on Christ's presence with you

deeply breathe in, repeating

## **GOD OF PEACE**

as you exhale, voice as a deep desire of your heart

## REPLACE MY WEARINESS WITH HOPE

Scan to connect to *Lifelines* information and resources.



Sign up for our weekly devotionals: text DEVO to 630.206.3230.

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